

## FITTING INSTRUCTIONS



Fits left or right ankle

- Volt<sup>™</sup> will require a brief break-in period.
- For maximum support, wear a sneaker or a lace-up shoe.
- Wear a comfortable, absorbent sock at least calf-height.
- Place Volt<sup>™</sup> inside your shoe with the logo label positioned so that it will be on the outside of your ankle.





- 2. If your shoe has a removable insole or orthotic, place Volt™ under it for additional comfort. If doing so, we highly recommend removing the white heel pad.
- **3.** Place your foot inside the shoe. Make sure to adjust the pivot points to be in line with your ankle bones.





- **4.** Place the small posterior strap comfortably and without tension around the back of your ankle and secure it as low as possible to the Velcro® on the inside.
- 5. Secure the large fastening straps firmly around the ankle and tie shoelaces. Now you are ready and all charged up!



For more information call 1-800-800-2896