FITTING INSTRUCTIONS

POWER LACER  Fits left or right ankle

1. Lace the ankle brace for a comfortable, snug fit in order to provide maximum control.*

2. Lift and secure the outside (lateral) support strap to the underlying hook and loop fastener.

3. Lift and secure the inside (medial) strap to provide a counter balancing neutral force.

4. The outside (lateral) strap should be secured 1/4” to 1/2” higher than the inside (medial) strap to achieve maximum forefoot control.

5. Lock both sides of the support straps in place with the circumferential hook and loop fastener straps around the lower calf.

*Soft tissue grip is key. For maximum control you may need to choose one size smaller brace.

For more information call 1-800-800-2896