

## FITTING INSTRUCTIONS



Fits left or right ankle

- 1. Open both the front entry flap and the elastic foot control strap. Loosen laces on the front entry strap.
- 2. Insert foot into brace so that the heel rests in rear opening. The front end of the brace rests approximately midfoot.
- 3. Close both the front entry flap and the elastic foot control strap securely. Closures will provide some pressure but should not be uncomfortable or too snug.
- 4. Tighten and tie laces to provide a secure fit that envelops the lower leg.

\*Soft tissue grip is key. For maximum control you may need to choose one size smaller brace.

For more information call 1-800-800-2896